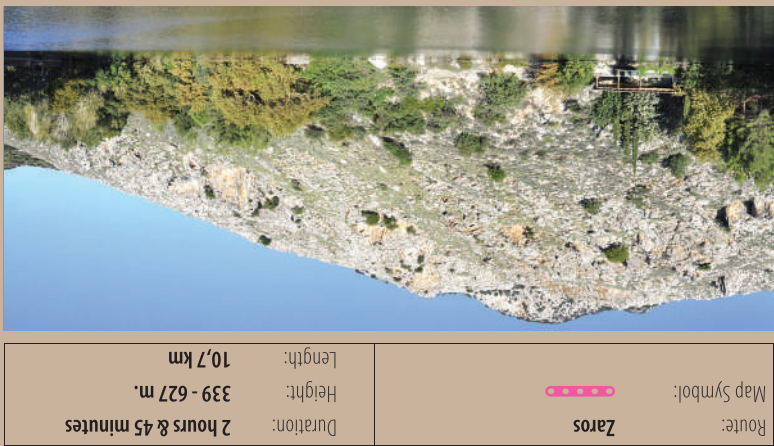




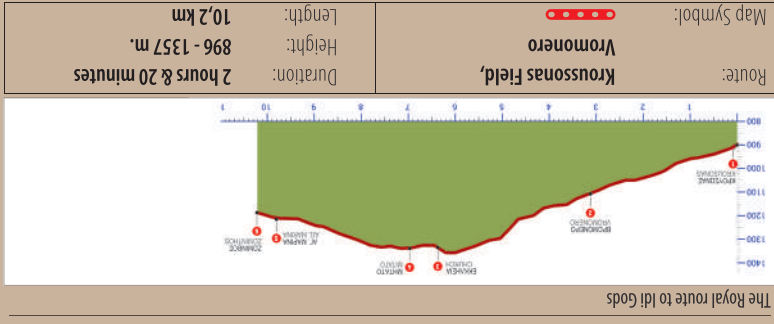
Route 6 Gergeti



Route 9 Zominthos



Route 8 Zaros



Route 3 Kroissonas Field, Zominthos



Route 7 Margarites Myopotamou



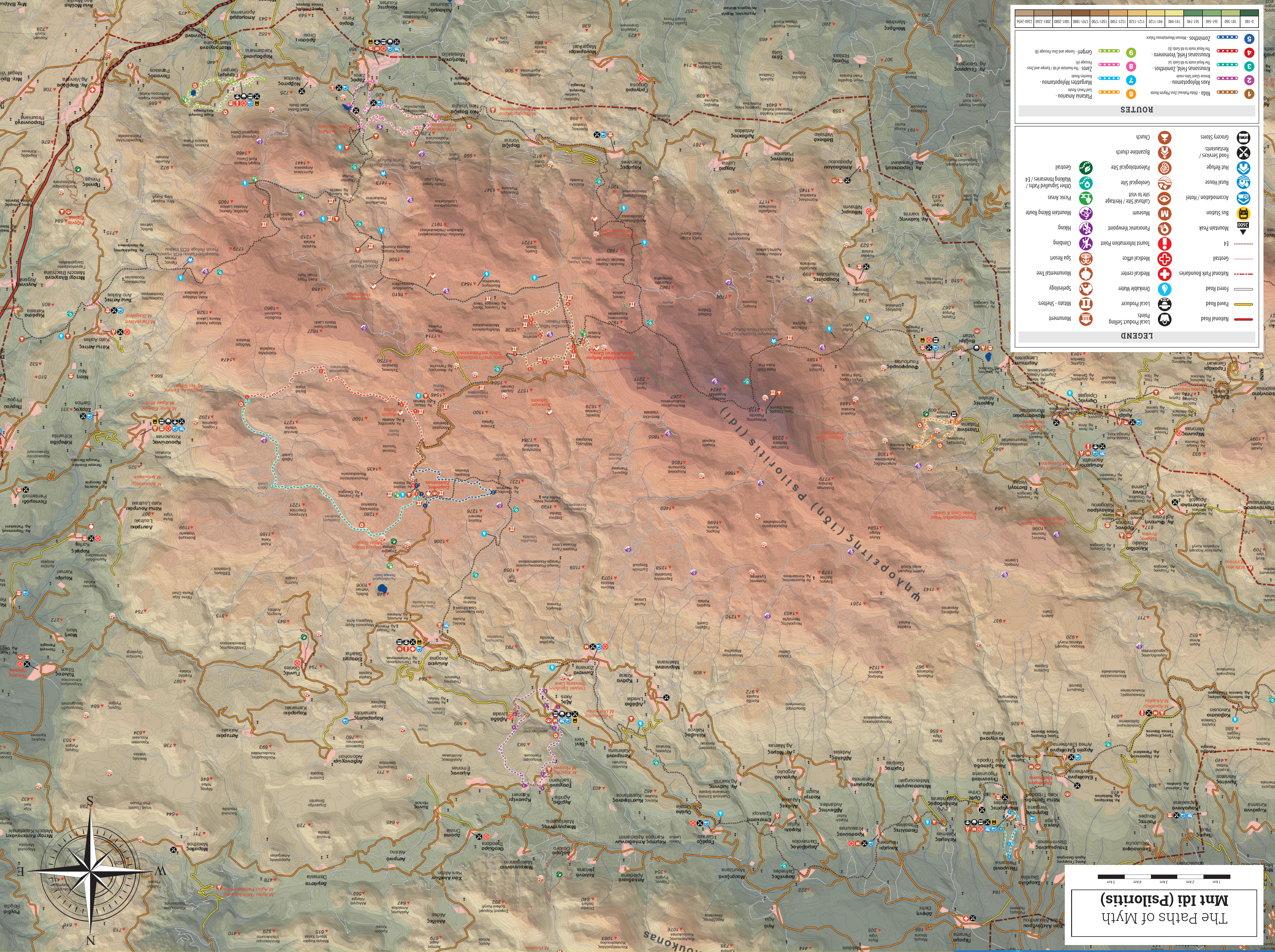
Route 2 Axos Myopotamou



Route 9 Patania Amartou



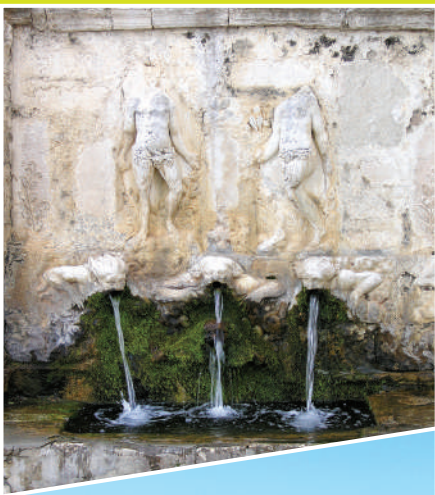
Route 1 Nida (Nida plateau)



Route Description

There are many different ways for one to become acquainted with Psiloritis. But there is only one way that reveals the secrets of nature and the soul of its locals; and that is to let yourself be carried away by the free and direct contact a journey through the diverse landscapes of the mountain offers, and to approach, through simple, daily relationships, the people who are a living continuation of the long history of the land filled with legends and myths. The routes on the ancient trails of the mountain may be the opportunity and means for this acquaintance.

We recommend certain characteristic routes through which you can discover a large portion of Psiloritis' hidden secrets. The hiking and mountaineering routes of Psiloritis are for the most part identical with the ancient shepherd and holy routes that connected the settlements around the mountain with the major pilgrimages of the mountain, such as Kamariko Cave and Ideon Andron on the Nida plateau, which is considered the Bethlehem of Cretan and Greek mythology.



General information

Generally speaking, the territory of Psiloritis favours visits and exploration throughout the year, thanks to its mild climate and temperate weather conditions. Spring and autumn are ideal, since one avoids winter snowfalls (which might last up to April) as well as the excessive summer heat. Most Geo-tourism, E4 Path and points of interest in the Mt Psiloritis territory are within areas of conservation providing habitats for sensitive flora and fauna species. In order to conserve endemic species of local flora and fauna, as well as other groups of organisms, it is forbidden to collect, cut, uproot, have in one's possession or transport specimens of any kind, and it is not allowed to trade in, harm, destroy or directly or indirectly exterminate such species at any stage of their life cycle.

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- The network of Enlpenetic Mediterranean Mountains consists of nine complex living mountains located around the Mediterranean Sea, in France, Greece, Italy, Spain and Albania. The respective territories are working together on common challenges
- Preserving patrimonial values from endogenous and exogenous threats
- Sharing positive experiences and good practices
- Increasing international recognition



EMbleMatic Ecojourneys are nine routes of experiential slow tourism across hinterland areas of European Mediterranean Mountain regions. By enjoying these journeys, visitors have a chance to explore the areas' singularities and the activities offered by local providers. These are journeys where nature and culture meet, and the experience with body and soul is such that it generously conveys the emblematic character of the territory.



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The Paths of Myth

Mnt Idri (Psiloritis)

- | | | | | | |
|---|-----------------------|---|-------------------------------------|---|--|
|  | First Aid - Infirmary |  | Restaurant - Tavern |  | Church / Monastery |
|  | Pharmacy |  | Hotel - Rest room |  | Museum - Collections |
|  | Bank - ATM |  | Traditional Lodgings |  | Gorge |
|  | Post Office |  | Minor Monuments |  | Cave |
|  | Information Point |  | Prehistoric & Classical Antiquities |  | Landscapes of Outstanding Natural Beauty |
|  | Handicrafts Store |  | Roman Monuments |  | Hiking Trails |
|  | Grocery Store |  | Byzantine Monuments |  | Climbing |
|  | Traditional Cafe |  | Architecture | | |